

Links for 'Ohana Talk Story Session week 2 Managing Lots of Kuleana & Stress at Home (and keiki stress too)

Parents Open Up About the Struggles of Homeschooling their Children GMA

<https://youtu.be/humCOxc3yNk>

Tips for Parenting During COVID19 Crisis *UF Health*

<https://youtu.be/2XzSkEvDQy4>

TEDx How Stress Affects Your Brain – Madhumita Murgia

<https://youtu.be/WuyPuH9ojCE>

Managing Stress – Brainsmart BBC

<https://youtu.be/hnpQrMqDoqE>

The National Childhood Traumatic Stress Network (NCTSN)

https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf

Big Bird Shares about Pandemic

<https://youtu.be/RjmU12PXT2I>

Elmo Video Clip

<https://youtu.be/duDKrWo6GOE>

Sesame Street Little Children Big Challenges: Caring For Each Other

<https://www.sesamestreet.org/caring>