

# Nowemapa

2015 November

Kamehameha Schools Maui

Lunch and Snack Menu

ALL SCHOOLS

Menu subject to change without notice

RDA beverages served daily with lunch



Happy Thanksgiving



Pō'akahi	Pō'aluā	Pō'akolu	Pō'ahā	Pō'alima
2 Teriyaki Meatballs Gen-ji-mai Rice Whole Wheat Roll Toss Salad Fruits <i>Mea 'ai māmā kakahiaka</i> Belgian Waffles Fruits	3 Chicken Fajitas Spanish Rice Fresh Salsa Corn Bread Toss Salad Fruits <i>Mea 'ai māmā kakahiaka</i> Blueberry Biscuit Fruits	4 Beef Watercress Stew Gen-ji-mai Rice Macaroni Salad Toss Salad Fruits <i>Mea 'ai māmā kakahiaka</i> Fruits w/ Cottage Cheese	5 Hearty Tomato-Eggplant Pasta Garlic Rolls Chef's Salad Fruits <i>Mea 'ai māmā kakahiaka</i> Yogurt w/ Fresh Fruit Granola	6 Turkey Sandwich Chicken Noodle Soup Lett. Tom. Onion, Pickle Fruits Chocolate Brownies <i>Mea 'ai māmā kakahiaka</i> Hard Boiled Egg Fruits
9 Chicken Patties w/ Gravy Mash Potatoes Whole Wheat Roll Chef's Salad <i>Mea 'ai māmā kakahiaka</i> Cereal Fruits	10 Beef Mac Garlic Rolls Caesar Salad Fruits <i>Mea 'ai māmā kakahiaka</i> Apple Sauce Muffin Fruits		12 Roast Pork Gen-ji-mai Rice Spinach Salad Fruits Carrot Cake <i>Mea 'ai māmā kakahiaka</i> Cinnamon Bun Fruits	13 Ham & Cheese Sandwich Beef Vegetable Soup Lett. Tom. Onion, Pickle Fruits Keokeo Brownies <i>Mea 'ai māmā kakahiaka</i> Fried Rice Fruits
16 In-Service	17 Breaded Fish Gen-ji-mai Rice Whole Wheat Roll Chef's Salad Fruits <i>Mea 'ai māmā kakahiaka</i> Cinnamon Coffee Cake Fruits	18 Roast Beef w/ Gravy Gen-ji-mai Rice Toss Salad Sliced Beets Orzo Salad Fruits Pineapple Upside Down Cake <i>Mea 'ai māmā kakahiaka</i> Buttermilk Biscuit Fruits	19 Pork Adobo Gen-ji-mai Rice Tofu Salad Bar Sweet Roll Toss Salad Fruits <i>Mea 'ai māmā kakahiaka</i> Corn Bread Fruits	20 Sloppy Joe Cheese, American sliced Lett. Tom., Pickle Tater Tots Peach Muffin Fruits <i>Mea 'ai māmā kakahiaka</i> Oatmeal Cereal Fruits
23 Chicken Tender Gen-ji-mai Rice Chef's Salad Roll Fruits <i>Mea 'ai māmā kakahiaka</i> Cereal Fruits	24 Beef Tomato Gen-ji-mai Rice Tofu Salad Bar Fruits Almond Cookies <i>Mea 'ai māmā kakahiaka</i> English Muffin Fruits	25 Kalua Pork Gen-ji-mai Rice Chicken Long Rice Toss Salad Pineapple Sweet Potato Haupia Pie Lomi Salmon <i>Mea 'ai māmā kakahiaka</i> Banana Oatmeal Muffins Fruits		
30 Hamburger Steak Gen-ji-mai Rice Whole Wheat Roll Quinoa Salad Toss Salad Fruits <i>Mea 'ai māmā kakahiaka</i> French Toast Fruits				

**FOOD SENSITIVITIES OR ALLERGIES:**  
 Kamehameha Schools Maui cannot ensure that all food items served do not contain ingredients that might cause an allergic reaction.