



Kamehameha Athletics

2009-10 FALL SEASON IMPORTANT START DATES

Note: Schedules are subject to change

SPORT	Grade Levels	SIGN-UP -or- TRY-OUT DATES	TIME	PLACE	HEAD COACH
<u>AIR RIFLERY</u>	9th-12th	(Sign-Up/Try-outs Start:) -tba-			tba
VARSITY & JV FOOTBALL	Varsity: 10th 12th only JV: 9th-11th	(Conditioning Starts:) Mon, 7/27/09 - Sat, 8/1 <i>*Need to attend conditioning before issuing of pads. 1st day of full pads is on 8/3/09.</i>	12:30pm - 6:00pm	Mawaena Field Kunuiakea Stadium	David Stant (Varsity) (842-8242) Koy Omo (JV)
INT FOOTBALL	<u>7th - 9th</u>	(Summer Practice) 8/3/09 - 8/8/09 (Optional) (Conditioning/Tryouts Start) Monday, 8/10/09 <i>(Need to attend conditioning before issuing of pads. 1st Day of pads is 8/17)</i>	(Mon-Fri) 3:45pm-5:45pm (Saturday) 9:00am or 10am	Kekuhaupi'o Field	Eric Kane erkane@ksbe.edu
GIRLS VARSITY & JV VOLLEYBALL	Vars 9th-12th JV 9th-11th	(Practice/Try-outs Start:) (Monday -Friday) Beginning 7/27/09	Mon/Wed/Fri 3:00pm - 6:00pm Tues/Thurs 9:00am - 11:30am	Keawe Gym	Chris Blake
Girls INT Volleyball	7th-9th	(Try-outs Start:) Wednesday, 8/10/09	3:30pm - 6:00pm	Keku	Poni Daines / Becka Kapihe
Boys/Girls Bowling	9th-12th	(Practice/Try-outs Start:) 8/5/09 & 8/6/09	11:00 am - 1:00pm	FT Shafter Bowling	(B) Neal Ceberano (G)Mickie Ceberano (842-8324)
Boys Cross Country	7th-12th	(Monday-Friday) Beginning 8/3/09	3:45pm-5:45pm	Kunuiakea Stadium (Track)	Steve Jenness
Girls Cross Country	7th-12th	(Official League Start Date) Monday, 7/27/09	(Monday-thru-Friday) 4:00 PM	Meet at Kekuhaupi'o Gym	Dave Friedemann
Boys Water Polo	7th-12th	Monday - Friday August 12 - 24, 2009	3:45pm-6:00pm	Swimming Pool	Curt Ai
Boys & Girls Kayaking (Varsity & JV)	9th-12th	Sign Ups: (Monday) 8/17/09 1st Day of Practice: (Wednesday) 8/19/09	Sign-Ups (8/17): 3:30pm-4:00pm Practice (8/19): 3:45pm-6:00pm	<i>*sign-ups @ Athletic Conference Room / Practice at Ala Wai</i>	Blane Chong
B/G JV Tennis	9th-11th	Monday, 8/17/09	3:45pm-6:00pm	Tennis Courts	Lionel Barona / Jacob Lono

**ALL ATHLETIC PRACTICES are held AFTER-SCHOOL
MONDAYS -thru- FRIDAYS from 3:45 - 6:00pm.**

Saturday practices are at the discretion of the coach. Coaches are responsible for distributing their practice/game schedules

****9-12 grade students: Announcements are broadcast live in the mornings & posted via the "Daily Bulletin Announcement"*****

*****Students in Middle School grades (7 & 8): All announcements are made during their lunch period.*****