

September '09
Ke Ala Pono Month

TRIBES Trail - Emphasis on Inclusion

Suggested TRIBES Activities

314 – Outlines, 239 – Am I Napoleon, 238 - All in the Family, 344 - Self Esteem Cards, 242 – Appreciate, 267 - Dream Quilt, 378 - What's in Your Wallet

Suggested Lessons are taken from the “Discovering Gifts in Middle School” by Jeanne Gibbs. Please inform Erika Cravalho if your team needs a resource book.

Suggested Activities

- MOYA Art Contest (entries deadline extended to Sept. 25, '09) – download guidelines from SAC Blog or www.hamsiam.org.
- Lesson on Kuleana – view the movie “Who Moved My Cheese” posted on the SAC Blog and download the handout – Kuleana: Who Moved

Date	Activity
1	<p>1. Ke Ala Pono Magnet Distribution</p> <p>A. Distribute Ke Ala Pono magnet to students.</p> <p>B. Have students repeat the pledge out loud. – <i>Please remind students that this is a gift and should not be carelessly thrown about or discarded. Instead, post it in your locker or at home as a reminder of your kuleana to live pono.</i></p> <p>2. Jason Scott Lee video – “Toward Living Pono”</p> <p>A. Students are to watch the video – “Toward Living Pono” link posted on the SAC Blog (http://blogs.ksbe.edu/kmssac/) under PAGES, look for ADVISORY ACTIVITIES and then look under “September – Ke Ala Pono Month. The link will lead you to the “Toward Living Pono” website. There are four short clips to view.</p> <p>Follow up activity to “Toward Living Pono”</p> <p>A. Popcorn share responses to the following questions –</p> <ul style="list-style-type: none"> -What does the name of the place where Jason Scott Lee lives – Pu Mu – mean? (<i>Simplicity and Nothingness</i>) -What can you do to live a life of simplicity and be more sustainable? -What does pono mean? (<i>righteous, moral goodness</i>) -What does “living pono” mean to you? <p>B. Each student is to identify a way in which to “live pono” – or to be more sustainable. Write it down and post it in the classroom to create a sustainable idea chart. Have students investigate ways in which they can effect positive change towards living pono – living more sustainable.</p> <p>C. Have the students go to the Kanu Hawaii webpage and make a commitment to living a more pono, more sustainable life. (http://www.kanuhawaii.org/)</p>

2 (11:55 – 12:30)	<p>Suggested Activities:</p> <p>1. Please help us to promote “Make A Difference Day” on November 14. (Sign up is posted on the SAC Blog main page)</p> <p>Please have students visit the BLOG ROLL on the SAC Blog homepage. There are two stories about the how KMS has made a difference in the community. “Look under City & County Make A Difference Day” and “KHNL TV Make A Difference Report”.</p> <p>Follow-up:</p> <p>What do the following quotes mean to you? – Popcorn share responses</p> <p>“Be the change you want to see in the world.” - Mahatma Ghandi</p> <p>“We make a living by what we get, but we make a life by what we give.” - Winston Churchill</p> <p>“How wonderful it is that nobody need wait a single moment before starting to improve the world.” – Anne Frank</p> <p>2. Words Hurt</p> <p>“Sticks and stones may break by bones, but words will never hurt me” We have heard this before, but it is not true. Help students to learn how words can bring life or death to a person’s spirit. Download the lesson – “You’re Tearing Me Apart” from the SAB Blog. http://middleschooladvisory101.blogspot.com/search/label/words%20hurt</p> <p>3. “I” messages</p> <p>Help students to understand how to positively communicate feelings by using “I” messages. Provide students the opportunity to practice the “I” messages. Download the lesson on “I” Messages from the SAB Blog. http://middleschooladvisory101.blogspot.com/2008/11/i-messages.html</p> <p>4. NMSA Video Contest</p> <p>Enter the NMSA Video Contest. Click on the link on the SAC Blog for more information. http://www.nmsa.org/annual/GeneralSessions/VideoCompetition/tabid/1966/Default.aspx</p>
8	Please review the suggested activities listed above
10	Student Government Elections – Student government elections will be held during advisory for both grades. Have students go the SAC Blog to listen to the pod cast speeches and then follow the directions to vote for the best qualified candidate.
15	Technology Advisory – Information forthcoming from Renee Teraoka
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24	<p>7th – Panoramic Picture Taking – Grade 7 panoramic picture taking will be held during advisory on <u>September 24 in Keawe Gym</u>. Students are to report directly to the gym and sit in the section assigned to their homeroom. (A seating chart is forth coming.)</p> <p>8th Grade - Please review the suggested activities listed above</p>
29	Please review the suggested activities listed above