Kuleana: Who Moved My Cheese?!

Help students learn kuleana (responsibility) by watching the video, “Who Moved My Cheese” at http://www.viddler.com/explore/VHGNYC/videos/36/ and answering the following questions.

1. Watch the video
2. Students are to identify the four characters
3. Students are to explain how each character was able to take responsibility for the changes (lack of cheese) that occurred.
4. How can the students apply the lessons in responsibility to their lives?

Characters

Sniff
- Anticipated change
- By anticipating change, Sniff takes responsibility for the things that he can change (behaviors, attitude, etc.)
- Accepts and expects change to occur in life
- Because he takes responsibility for change, he can adapt much easier

Scurry
- Quickly snaps to action
- Scurry takes responsibility for his actions
- Because he takes responsibility for his actions, Scurry is able to adapt and change easier than others

Hem
- Does not take responsibility for things or his actions
- Because he does not take responsibility for his actions, Hem blames others for his disappointment and failures
- Change does not come easily

Haw
- May at first, blame others for things, but then takes responsibility for change
- Because Haw eventually takes responsibility for his actions, he is able to adjust
- Because Haw eventually takes responsibility for his actions, he is able to change and find something better


Follow-up Activity:

1. Cheese Poster
   Students are to identify the answers to the questions and create a poster, illustrating these points.
   - What is your cheese?
   - Whose responsibility is it to care for your cheese?
   - How can you care for your cheese?

2. What Do the Messages Mean to You?
   Hem wrote messages on the walls of the maze. Students are to explain what the messages mean to them and how they can take responsibility and apply the lesson their life.
   - Having Cheese Make You Happy.
   - What Would You Do If You Weren’t Afraid?
   - When You Stop Being Afraid, You Feel Good!
   - The Sooner You Let Go Of The Old Cheese, The Sooner You Find New Cheese!
   - Imaging Your New Cheese Helps You Find It!
   - Smell The Cheese Often So You Know When It Is Getting Old.
   - Move To The New Cheese And Enjoy It!