

January 11, 2021

Aloha e nā 'ohana,

KS recently updated guidance on the keiki wellness check and when keiki need a doctor's note to return to school. These 2 changes align with state guidance and are part of KS' efforts to ensure the health and safety of our school community. Starting on Monday, **January 25<sup>th</sup>**, KS Preschools will implement the changes described below. The updates are highlighted below in yellow.

## 1. Wellness Check Question:

Has your keiki had any of the following symptoms in the last 14 days that are NOT caused by a chronic medical condition?

New symptoms of coughing, difficulty breathing, fever or chills, sore throat, muscle or body aches, loss of smell or taste, headache, congestion or runny nose, fatigue, nausea, vomiting, diarrhea and abdominal pain.

If you answered YES to the above question, keiki must be cleared and with a doctor's note to return to school.

## 2. Doctor's note to return to school:

Keiki can return to school when they are fever free for at least 24 hours without the use of fever reducing medication, and do not have any signs or symptoms of illness. A doctor's note is also required if keiki has COVID-19 symptoms for even 1 day.

COVID-19 symptoms include any of the following that are NOT caused by a chronic medical condition: *New symptoms of coughing, difficulty breathing, fever or chills, sore throat, muscle or body aches, loss of smell or taste, headache, congestion or runny nose, fatigue, nausea, vomiting, diarrhea and abdominal pain.* 

We apologize for the timing of these changes however; we want to be sure that we keep our health and safety requirements updated and based on the latest information. We will continue to update our procedures in response to new information as part of our commitment to the health and safety of our keiki, staff and 'ohana.

If you have any questions, please contact the Hope Po'o Kumu for your preschool.

Mahalo, *Shellú Kím* Nā Kula Kamali'i – Po'o Kula