



# Detangling our Tech Resources

## Seesaw FAMILY

Primarily a tool for communication between kumu and 'ohana.

Kumu will send announcements here and you can reply privately and/or text directly with specific kumu. *Once your keiki's work has been reviewed and approved by kumu it can be viewed here.* You can also "like" and comment on keiki work.

## ZOOM

Site for **daily** circle time meetings, @9:30a M-F. Same link every time. *"Synchronous" activity: everyone at the same time in the same place.*

Come and have fun with us and your Papa Honu friends! 🎉 We sing songs, read stories, play games, and learn all kinds of fun stuff! If you no can, no worry. We'll miss you though!

## Seesaw CLASS

How keiki receive and turn in their **daily** learning activity.

*"Asynchronous" activity: on your own time in your own space.*

Please submit only ONE response per activity unless directed to do otherwise. Highly recommended for keiki to complete and turn in the activity by the end of the day if possible; if not, at least have all activities for the week submitted by Sunday. 👍🥰

## Class Blog

A repository of sorts for documents and a running journal of what's going on.

Links to important information or to circle time extension activities may also be housed here. We will let you know over Seesaw Family when there are updates to the blog.

\*Always press "refresh" in your browser when you access the blog.\*

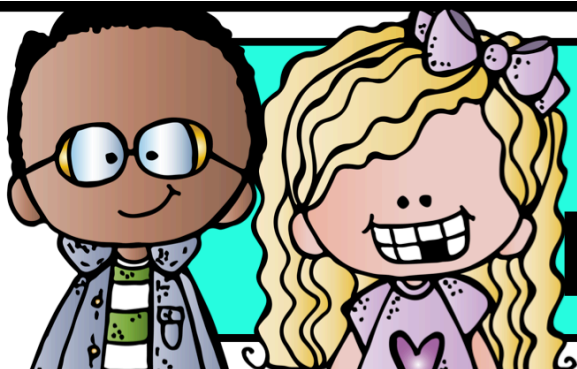
## Epic School!

Kumu Kimi has invited you to log on to Epic! School (formerly Epic! Books) Access to this online library of books and educational videos is free from 6am to 3pm from Monday through Friday.

Outside of "school hours" you can access a smaller library through Epic! Free which gives you two hours of reading time weekly; time refreshed every Monday.

## Weekly Check In

We would ALSO like to schedule a regular weekly appointment time for a kumu to connect with each individual 'ohana over Zoom. This time is for the adults to talk story and share what's going on. We'd like to know how we can better support your 'ohana and clarify any questions you might have. Keep an eye out for a new survey. 😊



# Suggested\* Daily Schedule

\*completely optional! Feel free to ignore this! 👍😊

## Morning Routine & School Work

Wake up, get ready for the day, eat a healthy breakfast.

Practice your sign ins (clips, finger tracing, dry erase marker - prewriting lines, name). Log in to Zoom for circle time. Work on the day's Seesaw activity. Read books on Epic School. Play games.

## Active Play

Get up and get moving! Take some time to play outside if you can. If not, put on some music and have an indoor dance party or set up an obstacle course using your furniture. Active play is important not only for your keiki's physical health but also for their mental health.

## Midday Routine

After playing hard and working up a sweat, a nutritious lunch is a welcome treat. Take a moment to read together or play a story podcast for your keiki before settling them down for a nap.

## Creative Play

After nap is the perfect time for playing pretend, building with blocks or legos, or even drawing or coloring. Finish up any work that didn't get done in the morning. Play outside again if you have the chance. Get keiki into the habit of picking up after themselves and contributing to the household by doing simple chores.

## Evening Routine

Family time is the best time! Keiki thrive on routines and knowing what to expect relieves a lot of stress from your little one. (i.e. after I eat dinner, I take a bath, then brush my teeth, then it's time for books and bed!) Did you know preschool aged keiki should be sleeping 10-14 hours a day including nap? Mahalo for supporting your keiki's learning at home!