

Brain Gym® Parent Workshop

How to use Brain Gym® at home with your child



Thursday, October 23, 2008

5:00 p.m. – 7:30 p.m.

Cost \$100 per person*

Location: Kamehameha Elementary School
Hi`ilei Media Center

By: Nalani Naluai, Licensed Brain Gym® Instructor



This workshop introduces parents to the philosophy of Brain Gym® and the movements that help students to integrate the left and right brain hemispheres to achieve greater focus, concentration, and organization.

Brain Gym movements also help to improve penmanship and eye-hand coordination.

Participants will...

- Learn how and why Brain Gym® works
- Gain practical experience with all 26 Brain Gym® movements

The workshop is for parents only. Children are asked NOT to attend so parents are able to fully participate in the workshop without distraction.

Course fee includes a Brain Gym® manual.

*A second adult family member may attend for a discounted fee of \$80 and does not include a manual.

Workshop Enrollment is limited to 16 adults.

Name:	\$100.00
*Name of 2 nd Adult family member:	80.00
Phone contact #	
E-mail address:	
Your child's name:	Teacher's name & room #

Return this form with a check payable to Nalani Naluai to your child's classroom teacher by October 15, 2008. Questions ? Call 843-3445 or email nanaluai@ksbe.edu
Confirmation will be sent via email on October 17th.