



PROTECT YOUR PERSONAL INFORMATION AT ALL COSTS!

- **DON'T POST DIRECT OR INDIRECT PERSONAL INFORMATION!**
- **CREATE AN ANONYMOUS SCREEN NAME.**
- **CREATE A UNIQUE AND STRONG PASSWORD.**
- **USE AVATARS INSTEAD OF PHOTOS FOR PROFILES.**
- **USE THE PRIVACY SETTINGS ON SOCIAL NETWORKS.**
- **DON'T RETALIATE TO "FLAMES".**
- **USE NETIQUETTE AT ALL TIMES.**
- **WATCH WHAT YOU POST, IT COULD BE THERE FOREVER!**
- **IF YOU HAVE ONLY MET SOMEONE ONLINE, YOU DON'T REALLY KNOW THEM.**
- **IF YOU ARE GOING TO MEET SOMEONE OFFLINE, TELL SOMEONE WHERE YOU ARE GOING.**

SOME INTERESTING STATISTICS:

55% OF ONLINE TEENS HAVE A SOCIAL NETWORKING PROFILE ON SITES LIKE FACEBOOK OR MYSPACE.

69% OF ONLINE TEENS WHO BLOG HAVE SHARED THEIR OWN CREATIONS INCLUDING PICTURES, STORIES, DRAWINGS, AND VIDEOS.

45% OF SOCIAL NETWORKING TEENS REPORT USING THE SITES TO MAKE NEW FRIENDS TO CONNECT WITH PEOPLE THEY DO NOT KNOW.

65% OF STUDENTS WITH CELL PHONES SAY THEY USE THEM DURING SCHOOL, BUT ONLY 23% OF PARENTS THINK THEIR KIDS ARE USING THEM DURING SCHOOL.

38% SAY EXCHANGING SEXY CONTENT MAKES DATING OR HOOKING UP WITH OTHERS MORE LIKELY.

22% OF TEEN GIRLS AND 20% OF TEEN BOYS HAVE SENT NUDE OR SEMI-NUDE PHOTOS OF THEMSELVES.

Resources



Ke Ko'i Lipi Website:
kapalama.ksbc.edu/high/ltol

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A Guide to Internet Safety for Families



*Kamehameha Schools
Kapalama High School*

**KE KO'I LIPI
1-1 LAPTOP LEARNING PROGRAM**

Keeping Your Kids Safe Online...

TIPS IF YOU SUSPECT YOUR CHILD IS A VICTIM OF CYBER BULLYING

- SAVE ALL EVIDENCE YOU HAVE OF THE BULLYING.
- LEARN HOW TO BLOCK THE BULLY FROM IM OR DELETE THEM FROM CONTACTS.
- DO NOT RETALIATE OR REPLY TO THINGS SAID OR DONE.
- IF YOU ARE BEING BOTHERED VIA TEXT, CONTACT YOUR ISP.
- CONTACT THE VICE PRINCIPAL IF SCHOOL RELATED OR THE CYBERTIPLINE IF NOT SCHOOL RELATED.

CyberTipline Contact Information:
www.cybertipline.com or 1-800-843-5678

SIGNS IF YOU SUSPECT YOUR CHILD IS A CYBER BULLY

- Has had a history of bullying.
- Quickly closes a page or turns off the computer when someone is close by.
- Is way beyond upset or disappointed when not allowed online.
- Frequently uses the computer, especially at night.
- Laughs often or to the extreme when online.

The 5 "R's" of Internet Safety

Recognize

- Don't ignore the signs of grooming from your child (see right panel).

Refuse

- Monitor your child's use of the Internet.
- Use the private settings available to you online.
- Remember, Nothing is truly private online.

Record

- Save all communications for proper documentation first before you delete them.

Respond

- Exit the program after saving all communications.
- Log off or turn off the computer.

Report

- Report to the Vice Principal if school related or to the www.cybertipline.com if not school related.

*GROOMING BEGINS WHEN A PREDATOR:

- finds a target online, usually by accessing personal information.
- creates a profile using the personal information.
- makes contact through chat rooms or social networks.
- pretends to have things in common.
- gains trust and moves to more private conversations like IM or email.
- sends sexually explicit photos to desensitize person being groomed.
- gains more trust and pulls them away from family and friends.
- meets his/her victim offline.

Grooming refers to actions deliberately undertaken with the aim of befriending and establishing an emotional connection with a child, in order to lower the child's inhibitions in preparation for sexual abuse.

SIGNS YOUR CHILD IS BEING GROOMED

- Receiving Gifts through Mail
- Making Calls to Unknown Numbers
- Turning away from friends and family
- Spending a lot of time online
- Getting upset when he or she can't get online
- Minimizing the screen or turning off the monitor when you enter the room