

## The New Year and Resolutions

The number one resolution for most people is to lose weight, exercise more and get in shape. **But for parents, it is a good time to check on the "fitness" of your family, and ask yourself what can you do to parent more powerfully and positively?** Divorced parents and single parents can often feel overwhelmed and lost about what to do. Here are five important parenting resolutions for moms, dads and guardians to consider that can help your family thrive and succeed in the New Year: parent more positively, more powerfully, more purposefully, more patiently and more peacefully.

**1. Parent more Positively** Parent more positively by recognizing your child's good behavior and, especially, their good attitude. This sounds simple, and it is, but it is not easy. I believe it takes a stronger resolution than quitting smoking or losing weight. Noticing and commending good behavior in your children is not what most of us were taught growing up. Most parents tend to pay attention to the negative. Make a real commitment to notice and commend the things your children say and do that are positive. Pay attention to positive behavior, not misbehavior. Positively reinforcing polite requests instead of whining, teasing, and tantrums can make an enormous difference in the life of your child. Reinforce calm discussions instead of arguments and power struggles. Remember that children believe what you tell them, so call attention to positive qualities.

**2. Parent more Powerfully** What does it mean to parent more powerfully? Parenting more powerfully has nothing to do with power plays. It has to do with inspiration and encouragement. Commit to encouraging your children, especially when you feel they are discouraged or frustrated. Children need to believe that you have faith and confidence in them and their ability to make great choices. Educate your children on ways to successfully live their dreams. Encouragement will help your children face situations with more confidence. Use encouragement that aims at self-reward. "I noticed you were very kind and patient with your little sister. That must make you feel very strong and proud." Or "I noticed you worked very hard on that project. I respect a great work ethic. You must feel good about yourself." A child behaving to please their parents or teachers is a positive thing. You want to instill in a child's heart the desire to do the right thing because it is the right thing to do. You want to help your child understand that when you do the right thing — when you make good decisions — when you behave in a compassionate or responsible manner — you feel good. You learn to value yourself. We need to remind our children of the immense value of compassion and responsibility. If you can teach your children the value of compassion and responsibility, you will be giving them a precious gift that will serve them well throughout their lifetime.

**4. Parent more Patiently** Be patient. I know, this is easier said than done. Children can be maddening and tantrums and misbehavior can be crazy making. But parenting can be FUN. Many parents want quick changes — most children do not. Children do not change misbehavior patterns easily, especially if they have experienced that with enough whining their parents will cave. Just because you make a new resolution to be more positive and more consistent, your child's misbehavior will probably not change overnight. Patience is usually not a strength for most parents. Our immediate gratification society has taught us impatience. Some parents believe that because they are trying a new approach, changes should take place overnight. Most methods take weeks to show improvement. Be patient. To read resolutions 3, and 5, go to the following link.

Billings, Dawn. <<http://www.theheartlinknetwork.com/blog/?p=2090>> Jan 3, 2011.

## KSM 2010 Parent Satisfaction Survey

Survey highlights:

- About 9 out of 10 parents are satisfied with the way students treat each other.
- 92 % of parents are satisfied or very satisfied with the teaching of Hawaiian knowledge, traditions, and values.
- 94% of parents are satisfied with the teaching and practice of Christian values.

The summary of the 2010 Parent Satisfaction Survey and the 2010 Student Satisfaction Survey can be viewed at the parent website: <http://maui.ksbe.edu/parents>

## CALENDAR

### IANUALI

- 06 Students Return to School
- 11 Junior Parents Night
- 12 ES Geography Bee
- 15 High School Winter Ball
- 17 Martin Luther King, Jr. Day
- 25 Charles Reed Bishop Day
- 25 8th graders, HS Honors Biology placement test at the HS Dining Hall, 2:45 pm
- 30 College Goal Sunday

### PEPELUALI

- 1 Senior Parent Night
- 4 Po'alima Ūla'ula
- 12 Sophomore Banquet
- 18 Inservice
- 19 Relay for Life
- 21 President's Day
- 26 Freshman Banquet

### MALAKI

- 05 Junior Prom
- 12 SAT Junior Testing
- 14-25 Spring Break
- 28 Students Return to School

### APELILA

- 01 HS Community Service forms due
- 02 Senior Ball
- 16 Ho'olaule'a
- 21 Inservice
- 22 Good Friday, no school
- 25 Prince Kūhiō Day, no school



Kamehameha Schools Maui Quarterly Parent Newsletter

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## Education is a top priority

Incoming Trustee Janeen-Ann Ahulani Olds was selected on Dec. 30, 2010, as Kamehameha Schools' newest Trustee by Probate Judge Derrick Chan. Ms. Olds will succeed Trustee Nainoa Thompson effective Feb. 1, 2011. The next Kamehameha

Schools trustee hopes her experiences growing up outside Hawaii will bring a different perspective to the board. Olds, 47, grew up in different parts of the mainland while her father pursued his career as a U.S. infantry officer. But no matter where her father's career took the family, including Florida, Georgia and North Carolina, Olds said, her parents maintained local traditions. "I didn't know people on the mainland didn't eat rice every day until I went to college," she said. Her family returned to the islands in 1978. Olds worked for 20 years in the Honolulu law firm Kobayashi Sugita & Goda, specializing in corporate and real estate law. She left in 2008 as co-

managing partner. Since 2008 she has been general counsel for telecommunications company Waimana Enterprises. She said she applied to become a trustee to give back to the community and to continue the vision of Princess Pauahi Bishop to provide educational opportunities for Hawaiian children, especially those of Hawaiian blood. "When you look at the challenges facing native Hawaiians, everything comes back to education," she said. Olds did not directly benefit from the educational opportunities afforded by the trust, but her sister and other relatives attended Kamehameha Schools and her two sons currently attend.

"As we welcome Ms. Olds, we restate our deep mahalo for all that Nainoa has brought to Kamehameha Schools over the last decade. His integrity, his sensitivity to community and his unwavering commitment to the well-being of native Hawaiians has had a tremendous impact on our mission and we are very grateful for the decade of guidance he has provided." -Dee Jay Mailer, Kamehameha Schools CEO.

Daranciang, Nelson <Education a top priority for Kamehameha trustee>  
<<[http://www.staradvertiser.com/news/20101231\\_Education\\_a\\_top\\_priority\\_for\\_Kamehameha\\_trustee.html](http://www.staradvertiser.com/news/20101231_Education_a_top_priority_for_Kamehameha_trustee.html)>>  
>> <Dec 31, 2010>

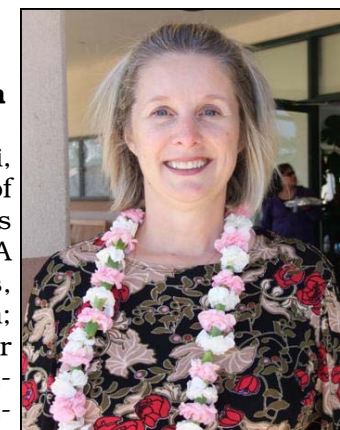
## Welcome to new staff



### Venus Rosete-Hill, Temporary K-12 Outreach Counselor

Born and raised on Maui, Venus is a graduate of Kamehameha Schools Kapālama, and earned a BA Communication Studies, BS Public Administration; and is a certified trainer for both the Leadership Academy and Coaching Academy. Venus is the former

Executive Director and Founder of the Neighborhood Place of Wailuku that serves families and youth through family and cultural strengthening programs. Venus has three children : Ekela 18, attends Portland State University in Oregon; daughters Kai'a and Tia both attend KS Maui.



### Rose DeNucci, Temporary Elementary Librarian

Rose brings a wealth of experience having worked in a Catholic school library, a public school library, and public libraries. Additionally, she was a member of the Massachusetts School Library Association Conference Committee and Executive Board. Rose obtained a Bachelor's Degree in Ac-

Photo Credits: KL Patrick

counting from Bentley College in Waltham, Massachusetts; and a Master's Degree in Library Science, with Teacher Certification, from Simmons College in Boston. Rose enjoys sewing, quilting, hiking and being active outdoors.



## Traditions of Founder's Day

On December 19, 1831, Bernice Pauahi was born to Ke Ali'i Abner Paki and Laura Konia in Honolulu. Pauahi was the great-granddaughter of Kamehameha the Great. Bernice Pauahi Paki Bishop founded Kamehameha Schools, setting aside the bulk of her estate - now encompassing nearly 365,800 acres - as the source of revenue for the schools. Each year on or near Pauahi's birthday we remember and honor the beloved Founder of Kamehameha Schools in a program steeped in tradition. The life of Pauahi is shared each year by select elementary students focusing on highlights of her life. This portrayal of Pauahi is unique to KS Maui and was developed by Florence Keala, Hawaiian Culture Kumu for Maui's first Founder's Day. Fifteen years later, the young students continue to share Pauahi's highlights, a familiar tradition of the annual program.

Another tradition of the event is the offering of ho'okupu in gratitude for the educational and spiritual benefit that Pauahi has imparted on students, and 'ohana of the Schools. Student representatives from each campus, KS administrators, and community members present items of significance in appreciation of Pauahi's legacy that has impacted many lives. Two groups participated for the first time this year in offering ho'okupu: the KSM Parent Teacher Student 'Ohana (PTSO) and the class of 2010. Dawna Rae Davis, PTSO Vice President and graduate of KS Kapālama presented a wauke plant. This carefully selected plant will join the other wauke planted at the elementary school campus under the care of Gail Kuba, elementary science instructor. It is hoped that the wauke will prosper and that the bark of the plant will be used to make tapa. Parents and students are encouraged to visit and mālama the wauke, which will encourage it to grow and prosper as our keiki do in school.

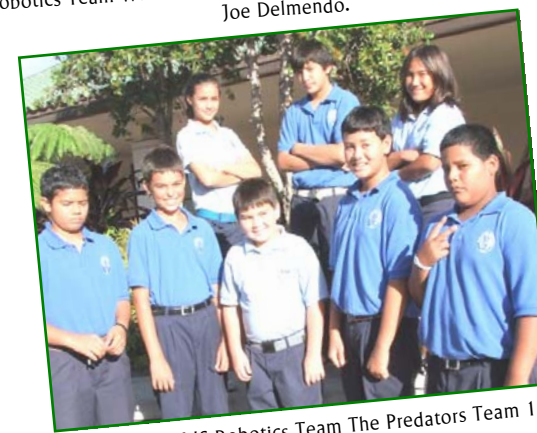
Photo Credits: KL Patrick  
 Left: Select dancers from each campus participate in the Hula 'Ōlapa, Aia 'o Ka Lani I Haleakalā; Top: Kapulani Antonio, High School Kumu, Modern Hawaiian History; mālamas the ho'okupu offered during the service. Antonio is assisted by Kyeton Little '12, and Helekunihi Antonio '12. Bottom: PTSO Officers: Dawna Rae Davis, Vice-President; Roxanne Murayama, President; and Kathy Tanaka, Secretary. Missing from photo, Mike Okazaki, Treasurer.

A tradition that is just three years old is the Alumni Breakfast hosted by Mrs. DeLima for the recent graduates, this year, the class of 2010. 55 members of the class of 2010 visited with each other over breakfast before attending the Founder's Day program. Class mom, and KS Alumni Maui Region President, Dancine Takahashi assisted the class in obtaining ho'okupu to offer at the program. The class presented maile lei, and liko lehua. In addition to the ho'okupu, Cameron Yee, class of 2010 President presented an ipu heke for student and classroom use to Mrs. DeLima.

Long past graduation, Kamehameha Schools' graduates carries with him or her the songs, scriptures, and oath recited each year at Founder's Day and the memories of Kamehameha Schools. Pauahi's Legacy Lives!



ES Robotics Team Warriors #1637 with Kumu Gail Kuba and Parent Coach Joe Delmendo.



MS Robotics Team The Predators Team 1



Tri Campus Deputation Team at Kalaupapa, Moloka'i. Photo Credit: Avis Wong.



All School Christmas Concert, Photo Credit: Kanoa Yap.



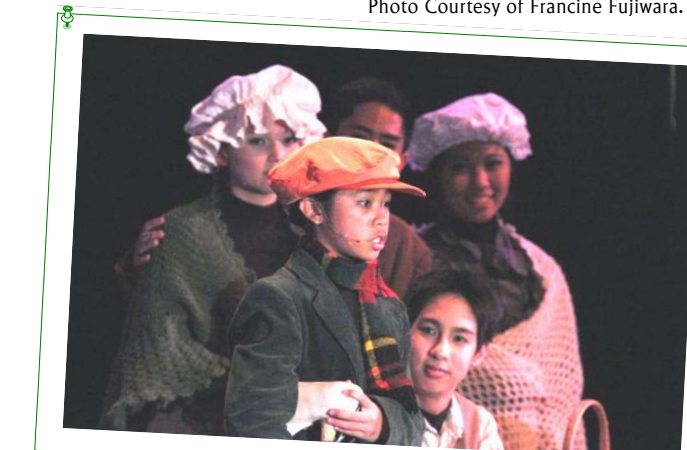
ES students shop at the Annual Scholastic Book Fair



MS Robotics Team, The Predators Team 2



Kamie-Lei Fujiwara and Dane Dudoit (kneeling in front) and Emily Kane and Kayla Sniffen (standing behind Dane) represent KSM at Nā Mele 2010. Photo Courtesy of Francine Fujiwara.



High school and middle school students perform in A Christmas Carol. Photo Credit: Alyssa McAllinden.