



Course Syllabus for Personal Health, Grade 10

Mrs. Kaulana Molina/Credits: 0.5

Office Hours: Tuesday (by appointment), Thursday and Friday (Health) 2:30 to 3:30pm

Email: kamolina@ksbe.edu / Blackboard: bb.ksbe.edu

Office Phone: 573-7033

Curricula Overview

Students will understand the concept of health and health sciences through covering a wide variety of topics. These topics include but are not limited to peer relationships, nutrition, male and female reproductive system, STD/STI's, parenting unit, and substance abuse. The health curricula is age specific and geared toward key issues students are faced with in today's society. Students will utilize Blackboard to access the curriculum as well as other online resources and technology tools.

Textbook and Materials

Students will be expected to have and use the following supplies to successfully complete this course.

- Notebook or binder to write and organize notes, handouts, worksheets, and homework
- Blue/Black pen or pencil for writing
- Laptop
- Jump drive/ external hard drive – to back up work
- Pants – only during Nutrition lab curriculum

Laptop Rules

Technology will be a driving force when we learn about health concept and sciences. All students are expected to have their laptops with them in class in order to complete any activity or work. The following rules will be applied to all students while in class:

- 1) Laptop is designed for schoolwork.
- 2) There are times the laptops will be monitored via LanSchool.
- 3) All laptops must be charged at home.
- 4) All laptops must be in the school issued carrying case and sleeve. No personal cases or sleeves allowed.
- 5) Please do not write, place stickers, or do anything that will compromise the integrity of the charger or laptop.

Students will be given a warning and chance to correct the infraction. After the 3rd warning their laptop will be taken away. In cases where the infraction is severe, the laptop is immediately taken away. When in doubt please refer to the KSM student/parent handbook.

Electronic Devices

Only school issued electronic devices will be allowed in class and at the appropriate time. Any electronic device that is not provided by the school must be approved prior and used for school purposes ONLY. This includes cell phones, iPads, iPods, recording devices, etc. Students will be given a warning and chance to correct the infraction. After the 2nd warning their electronic device will be taken away. In cases where the infraction is severe, the electronic device is immediately taken away. When in doubt please refer to the KSM student/parent handbook.

Parenting Unit

Later in the semester there will be a parenting unit where students will need to care for a computerized baby manikin for 48 hours. Students will be asked to pick their partner where a disclosure for the manikin, grading and rules will be outlined. Parents will need to sign this disclosure in order to participate in the activity. Please feel free to contact me should you have questions or concerns prior to the project.

Grade Check/Grading

Grades will be uploaded at every grade check. Students with a C- or below will get a progress report. It is based on blackboard assignments, class discussions, group work, class work, homework, tests, projects, and labs. Grades are not weighted, curved, or rounded; it is given as is. The semester grade will be determined by averaging the first and last quarter. Please refer to the student/parent handbook for the grading percentage.

Attendance

Due to the location of my classroom, students will be given an extra 2 *minutes* from the time class starts before they are considered tardy. Students who are more than 5 minutes late to class will be sent to the office for a pass. Excessive tardiness will result in notice to administration. For absences I will follow the absent policy outlined by the school. Students will establish a timeline for turning in work for excused days and given a zero on all work for unexcused days. *Excessive absences and tardiness can impact your grade.*

Assignments/Tests/Make up work

All classwork, homework, and group work is due at the end of the scheduled block or at the time specified. *Late work is not accepted for grading unless you have received teacher approval prior.* Make up work is due within one week upon returning to the class. Any work not turned in by then will be given a zero. Students are asked to see me during office hours to discuss what they missed in class.

Cheating

Any student caught cheating will be given a zero. He/she will have a meeting with the teacher to go over the offense and the work is kept on record. Repeated offenses will result in notifying administration and parents. *Understand cheating can impact your grade.*

Behavior and Conduct

Students are expected to behave in a way that is conducive to the learning environment that will help to promote industrious individuals, prepared for college and a global society. This behavior should be conducive to the individual, peers and teacher. Reminders and consultations will be provided to help students get back on track. If needed, removing a student from the classroom will be done to provide a conducive learning environment. If a student is removed from class, he/she will not receive credit for the work we are completing. In cases where removal and consultations do not work, administration and parents will be notified.

Building Success

Your success in this class is dependent upon your commitment. As your teacher I will commit myself to you by coming to class prepared and knowledgeable about the lesson being taught. To succeed you will need to:

- Take notes clearly and legibly
- Organize those notes
- Review those notes at least once a week to be successful in your quizzes
- Manage your study time and free time, PRIORITIZE
- Don't be afraid to ask questions and CLARIFY
- Come in and see me for extra help by calling, emailing or scheduling an appointment
- Don't forget about BLACKBOARD assignments
- Don't cheat, plagiarize or turn in work that is not your own
- In my class ACCOUNTABILITY matters and will be the foundation of all work



Please complete this page, remove from packet and return to school.

Occasionally your child will be asked to view movies that are used concurrently with the curriculum. Most of these videos are “G” rated—for general audiences; some films however, are rated “PG”—parental guidance suggested. In order for your son or daughter to view a movie, your permission must be given. *Please indicate your preference, sign and date this form below.*

___ ***I give*** my child permission to view “PG” rated films.

___ ***I do not give*** my child permission to view “PG” rated films with the understanding that an alternative assignment will be given.

Student Name: _____

Parent/Guardian Signature: _____



Acknowledgement of Course Expectations Personal Health

Please complete this page, remove from packet and return to school.

We have read and discussed the course description and expectations.

Student's name

Student's Signature

Parent Name

Parent Signature

Contact phone

Email