To convert mpeg1 files to QuickTime movie files that can be compressed for the web or email.

Download MPEG Streamclip 1.9

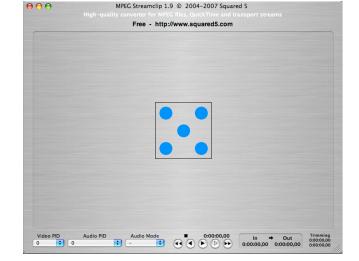
http://www.apple.com/downloads/macosx/video/mpegstreamclip. html

Open dmg file> Open MPEG Streamclip 1.9>



Open MPEG Streamclip>





Drag mpeg1 file into window.

To Convert– Go File> Export to QuickTime using settings shown. Then Click Make Movie.

MPEG Streamentp - Movie Exporter
Compression: Apple Motion JPEG A Options
Quality: 2-Pass 50 % B-Frames
Limit Data Rate:
Sound: Uncompressed 🛟 Stereo 🛟 Auto 🛟 256 kbps 🛟
Frame Size: A professional 2D-FIR Frame Rate: 0 640 × 480 (4:3) scaler will be used for scaling Frame Blending
854 × 480 (16:9) scaling 640 × 480 (unscaled) Better Downscaling
 ○ 720 × 576 (DV-PAL) ○ 720 × 480 (DV-NTSC) ☑ Interlaged Capting
O 1280 × 720 (HDTV 720p)
0 1920 × 1080 (HDTV 1080i) Image: Construction of the construct
Field Dominance: Upper Field First Use "Upper Field First" for all codecs except DV
Rotation: No
Zoom: 100 • % X/Y 1 • Center 0, 0
Cropping: Top 0 Left 0 Bottom 0 Right 0 Destina ‡
Presets Reset All Adjustments
Preview Fast Start Cancel Make Movie

Save Movie file to desktop (or other location).

Open iMovie and drag QuickTime movie into iMovie Clips Drag Clip into Project track. File> Export iMovie> Compress movie for: Web> Share

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Videocamera	QuickTime	Email	Bluetooth	iDVD	iPod	iWeb	GarageBand	
	Create a QuickTime movie from your project. This operation may take several minutes to complete. Compress movie for: Web							
Estimated size: 2.2 MB to 3.3 MB.								
	Sha	are						